

Boyd ISD Student Health Advisory Committee

September Meeting Minutes

Attendees: Whitney Lamance, RN - Director of Health Services
Tami Vardy, Boyd ISD Superintendent
Tammy Owens - SHAC Committee Member
Kailyn Starnes - SHAC Committee Member
Shannon Rogers - SHAC Committee Member

Absent: Pedro Contreras
Terri Bullard

Spots need to be filled: Terri Bullard

Intro to SHAC - mission/vision

Please share suggestions of new members so we can get them on board!

SHAC is a committee required by the state of Texas for school districts to maintain in order to promote the wellbeing of students as a whole. This includes mental, physical, and emotional health and activity. The goal of this committee is to be progressive and active within our community. Continual growth and involvement from community members, staff, and students. Committee will be mostly community members and parents. Chair, co-chair and secretary will be parent or community member. Whitney Lamance will serve as facilitator/coordinator.

Establish positions next time the committee meets. We will need to establish chair, co-chair, and secretary positions. SHAC will serve as a liaison between district, community and administration, school board as pertains to health and activity of our students.

Special Guest Larry Owens, BIMS counselor presented and discussed a mental health survey and possible involvement with teachers. This anonymous survey is created and published by CDC to determine youth at risk for social situations. This survey would assist the district counselors in gearing and providing education as well as resources to our students and parents. Counselors will also be able to gear speakers and presentations to help educate the students within our campuses. Copies were provided to each present member and will be distributed to additional parent members and teachers who are willing to look at the survey so that it can be tailored to the needs of Boyd ISD. This survey will be taken by students grades 7th-12th with parental permission during the district's red ribbon week. Discussed ways to ensure that the survey is kept confidential and anonymous. Discussed concentrating on specific areas and starting out smaller then possibly continuing the survey to monitor and evaluate where the district needs are; possibly tailoring this survey to higher risk behaviors and needs. We will make final changes and decisions on this survey in October.

Discussed future goals and involvement for SHAC in overall health. Possible grant ideas and options for the district. Sub committees depending on needs.

Future ideas - health fairs, every 15 minute program, vaccine clinic, partnering with agrilife extension office, back to school, writing grants for district, analyzing school food program, health and social-emotional education.

Meeting adjourned @ 19:31

Next meeting scheduled October 12, 2021 - Time and Location TBA