

Boyd ISD Student Health Advisory Committee SHAC October Meeting Minutes

Date: October 19, 2021
Time: 5:35pm
Attendees: Whitney Lamance, RN - Director of Health Services
Tammy Owens - SHAC Committee Member
Kailen Starnes - SHAC Committee Member
Kelsey Starnes - SHAC Committee Member
Monica Rinehart - SHAC Committee Member
Larry Owens - SHAC Committee Member
Krista Hill – BISD School Board Representative
Robin Nobles - SHAC Committee Member
Pedro Contreras - SHAC Committee Member
Absent: Tami Vardy, Boyd ISD Superintendent
Shannon Rogers - SHAC Committee Member
Terri Bullard

Discussion:

1. Call to Order @ 5:35
2. Introduction of new members
3. Review SHAC mission/vision
 - SHAC is a committee required by the state of Texas for school districts to maintain in order to promote the wellbeing of students as a whole. This includes mental, physical, and emotional health and activity. The goal of this committee is to be progressive and active within our community. Continual growth and involvement from community members, staff, and students. Committee will be mostly representatives from each school (elementary, intermediate, middle, high school), community members and parents.
 - SHAC will serve as a liaison between district, community and administration, school board as pertains to health and activity of our students.
4. Established Committee Positions:
 - Tammy Owens - Chair
 - Whitney Lamance - Co-Chair/District Rep/Coordinator
 - Monica Rinehart - Secretary
 - Positions will serve for 1 year
5. Ways to promote our SHAC
 - SHAC Committee application approved - to be posted on district website
 - Background checks required for committee members
 - Website/Social media to promote/recruit for committee members
 - Members to review efforts of other successful SHAC programs (ex. Decatur)
 - Direction and guidance for members - Krista to bring SHAC handbook to Whitney
 - No budget, possible fundraisers, grants (consider establishing sub-committee to write grants)
6. Ideas for student health initiatives
 - Health Fair
 - Shattered dreams
 - 15 minute program
 - no budget, possible grants
7. Youth Risk Behavior Survey Reviewed
 - Consents emailed to parents
 - Initial survey to include all risk elements
 - removed questions that could be perceived as “identifying” students
 - Shortened/simplified response options
 - Introduced new questions related to social media concerns

- removed questions not relevant to future initiatives
- discussed anonymity options - google docs for middle school, potential to use Survey monkey for high school
- high school questions to be more thorough specifically relating to frequency of risky behavior

8. Next Meeting time and location TBA

9. Meeting adjourned @ 7:20pm